



Aspen Arbor

ANIMAL HOSPITAL

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ACUPUNCTURE HISTORY AND CONSULT ANALYSIS

Owner	Pet's Name	Breed	Age

As part of a holistic examination, the foundation of Traditional Chinese Medicine (TCM) includes elements of a patient's personality, environment and genetic tendencies to fully evaluate what the source of that patient's ailment may be. The TCM exam is used as an adjunctive to a regular (Western Medicine) physical exam. The following questions will help characterize your pet according to its Soma (strongest designated Chinese character type, also called one of the 5 phases). Please record the total number of items that apply for each category.

Which of the following best describes your pet, typically? Mark all that apply. If things have changed recently, indicate with an *.

The Water Constitution: The mother hen

Personality

<input type="checkbox"/>	Observant, likes to evaluate situations, even cautious
<input type="checkbox"/>	Strong mothering instincts
<input type="checkbox"/>	Independent, bonded only to one or a few people
<input type="checkbox"/>	Self-sufficient but tense, can be very anxious under pressure (i.e., vet's office)
<input type="checkbox"/>	Resists by freezing in place or bolting

Physique

<input type="checkbox"/>	Dense, large bones body, healthy coat
<input type="checkbox"/>	Diminished vision or hearing
<input type="checkbox"/>	Bladder problems: infection, stones, or incontinence
<input type="checkbox"/>	Back pain, arthritis, or tender feet
<input type="checkbox"/>	TOTAL

The Wood Constitution: The agility dog

Personality

<input type="checkbox"/>	Confident, competitive
<input type="checkbox"/>	Likes speed rather than finesse
<input type="checkbox"/>	Vocal, impatient, likes to be the leader or make decisions

<input type="checkbox"/>	Resistant to discipline (may seem unaffected or not upset that you are angry)
<input type="checkbox"/>	May challenge other dogs or people with dominance (may mount other dogs)
<input type="checkbox"/>	Does not like wind, may resist by biting
<input type="checkbox"/>	Physique
<input type="checkbox"/>	Allergies/hives, oily skin, cysts in skin, tough toe nails, dry eyes
<input type="checkbox"/>	Tense muscles (especially head, neck, shoulders) or muscle twitching/spasms
<input type="checkbox"/>	Vomits when nervous
<input type="checkbox"/>	Sensitive, dry, red eyes, or excess tearing
<input type="checkbox"/>	TOTAL

The Fire Constitution: The performer

Personality

Animated and enthusiastic, affectionate
Learns quickly
Likes to be petted or sit in you lap, or leans against you at rest
Likes to be involved in events happening around them, may like retrieving
Charismatic, likes most people, and has many friends

Physique

Red eyes, ears, tongue, pants a lot, gets overheated
Active dreams, sometimes insomnia in new places
May faint or be disoriented when excited, rapid heart rate
Sores in mouth, rashes on skin (hot allergic skin disease)
Resists by running away
TOTAL

The Earth Constitution: The lover, not a fighter

Personality

Nurturing and supportive, may seem worried
May learn slowly and may not be quick, but is consistent, calm and tolerant
Comfortable meeting new people and can be a leader
Very food motivated
Resists by stopping, sitting or laying down

Physique

Tendency towards obesity
Is soft muscles or has weak toe nails that tear easily
May be slow moving or have a lack of stamina
Has joint pain or swollen muscles
Has puffy eyes with lids that stick together
TOTAL

The Metal Constitution: The work horse

Personality

Neat and orderly, even meticulous
Enjoys problem solving, and to have a job with defined tasks
Reserved, content with a few close relationships
Tasteful, discriminating, resists by hesitating
Accepts authority who they deem most knowledgeable

Physique

Has a thin, or moderate body shape
Dry skin, nose, mouth
Many skin moles or warts
Sinus congestion, respiratory disease when stressed
Does not drink much or urinate much
TOTAL

Constitution	Total
Water	
Wood	
Fire	
Earth	
Metal	